

**SUNWAY**  
**MEDICAL CENTRE**<sup>®</sup>  
Sunway City

# CERVICAL CANCER *SCREENING GUIDE*



Cervical cancer is caused largely by the Human papillomavirus (HPV).  
Find out how you can get screened and protected today.

# WHAT IS HUMAN PAPILLOMAVIRUS (HPV)?

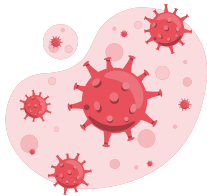
HPV is a group of more than 100 different types of viruses.

Most are harmless, but some causes genital warts and others causes changes that leads to cancer.

About 70% of HPV-related cervical cancer is caused by HPV-16 or HPV-18.

## CERVICAL CANCER RISK FACTORS

1



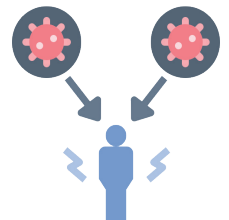
Human Papillomavirus (HPV) infection

2



Multiple sexual partners

3



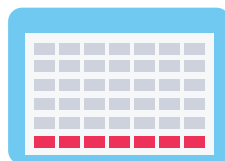
Weakened immune system

4



Smoking

5



Prolonged use of birth control pills

6



Given birth to multiple children

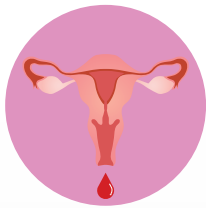
# SIGNS & SYMPTOMS OF CERVICAL CANCER



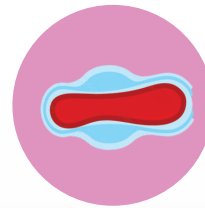
Pain during sexual intercourse



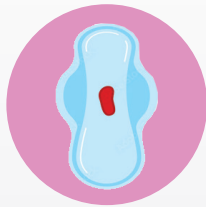
Bleeding after menopause



Bleeding after intercourse



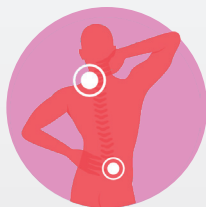
Heavy menstrual bleeding



Light bleeding or blood spots between periods



Excessive vaginal discharge



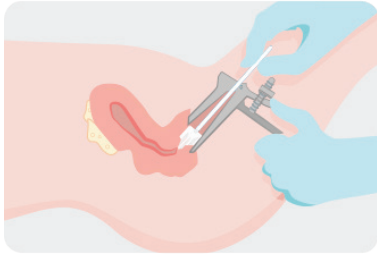
Unexplained back pain/pelvic pain



Unexplained weight loss

## SCREENING OPTIONS

1



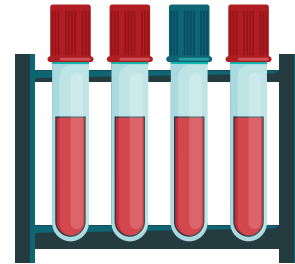
### Pap Smear

A procedure that uses a small brush to collect cells from the surface of the cervix. The cells are viewed under a microscope to find out if they are abnormal.

### HPV DNA Test

It is a laboratory test that is used to detect the DNA of High Risk HPV infection. It can be done using the sample of cells removed during a Pap smear test.

2



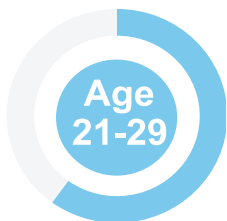
3



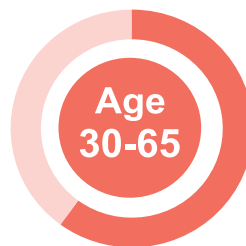
### HPV Self-Sampling

Sample for a HPV test can also be collected by the patient with a self sampling tool and is sent back to the lab for testing of abnormalities.

## CERVICAL CANCER SCREENING GUIDELINES



- Pap smear for women between the ages of **21 - 29** years old or who have been sexually active.
- If **two** consecutive year tests are negative, subsequent screening can be done every **three** years.



- Have a co-test (Pap smear and HPV test together) every 5 years or a Pap smear test alone every 3 years.

**IF YOU ARE EXPERIENCING ANY SYMPTOMS,  
VISIT A GYNAECOLOGIST FOR A CONSULTATION.**